



# NATALIE ACHONWA



**Position:** Power Forward  
**Born:** November 22, 1992  
**Height:** 6'3  
**Hometown:** Guelph, Ontario

**High School:** St. Mary's Catholic  
**University:** University of Notre Dame (2010-2014)  
**Professional:** Indiana Fever (WNBA)  
**Years With The Canadian National Team:** 5  
**Number of International Games Played:** 66  
**Number of Senior International Games:** 52

## National Team Statistics

YEAR	TEAM	TOURNAMENT	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2008	JWNT	FIBA Americas Championship	5	-	93.0	18.6	14	50	.280	1	3	.333	5	9	.556	15	14	29	8	6	-	5	11	0	36	5.8	1.6	7.2
2009	JWNT	FIBA World Championship	9	9	192.0	21.0	37	115	.322	2	17	.118	17	30	.567	16	39	55	8	20	-	13	24	1	93	6.1	0.9	10.3
	SWNT	Exhibition vs. China	2	0	30.0	15.0	3	11	.273	0	2	.000	2	3	.667	3	2	5	0	0	0	3	2	-	8	2.5	0.0	4.0
	SWNT	Exhibition vs. Clemson	2	0	18.0	9.0	4	6	.667	0	0	.000	0	0	.000	1	3	4	1	2	-	0	0	-	8	2.0	0.5	4.0
	SWNT	FIBA Americas Championship	5	-	69.0	13.8	14	34	.412	2	4	.500	3	4	.750	4	17	21	5	8	-	6	10	3	33	4.2	1.0	6.6
2010	SWNT	Exhibition vs. Chile	4	-	56.0	14.0	13	24	.541	1	2	.500	11	17	.647	6	7	13	4	1	-	3	11	0	38	3.3	1.00	9.5
	SWNT	Exhibition vs. Sweden	3	-	32.0	10.7	8	17	.470	0	1	.000	2	5	.400	4	12	16	2	4	-	1	3	0	18	5.3	0.7	6.0
	SWNT	Greece Exhibition Tournament	2	-	30.4	15.2	7	13	.538	1	2	.500	7	9	.778	4	6	10	1	4	-	2	0	1	22	5.0	0.5	11.0
	SWNT	World Championship	8	-	101.0	12.6	11	39	.282	3	8	.375	12	15	.800	9	22	31	0	11	-	3	12	1	37	3.9	0.0	4.6
2012	SWNT	Exhibition vs. China	3	-	43.0	14.3	9	13	.692	0	0	.000	2	6	.333	6	2	8	1	0	-	1	0	0	22	2.7	0.3	7.3
	SWNT	Exhibition vs. Great Britain	2	-	45.3	22.6	6	12	.500	0	1	.000	7	9	.778	4	10	14	4	3	-	0	10	0	19	7.0	2.0	9.5
	SWNT	France Exhibition Tournament	3	-	41.0	13.7	7	12	.583	0	0	.000	2	5	.400	4	2	6	5	4	-	1	5	0	16	2.0	1.7	5.3
	SWNT	Olympic Qualifying Tournament	4	-	40.0	10.0	6	17	.353	0	0	.000	6	11	.545	3	3	6	2	6	-	1	4	1	18	1.5	0.5	4.5
	SWNT	Olympic Games	6	-	114.0	19.0	15	39	.385	0	0	.000	12	15	.800	9	14	23	13	14	-	5	8	1	43	3.8	2.2	7.2
2013	SWNT	Exhibition vs. Czech	2	-	34.6	17.3	7	8	.880	0	0	.000	4	5	.800	3	7	10	2	5	-	3	3	0	18	0.5	1.0	7.3
	SWNT	FIBA Americas	6	-	95.0	15.8	18	39	.462	0	1	.000	9	10	.900	11	19	30	9	9	-	6	10	3	45	5.0	1.5	7.5

## NATIONAL TEAM HIGHLIGHTS:

**2013:** Helped the SWNT qualify for FIBA Worlds 2014 by averaging 7.5 points and 6 minutes per game.

**2012:** Helped the SWNT to qualify for the Olympics averaging 3.6 points and 8 minutes per game...Member of the 2012 Olympic team that qualified for the quarter-finals in London, averaging 7.2 points and 19 minutes per game

**2010:** Averaged 12.6 minutes, 4.63 points and 4.1 rebounds per game during the Women's World Championships in Czech Republic...Ranked top 7<sup>th</sup> in the tournament in double-doubles... Top 4<sup>th</sup> in the team in scoring and 3<sup>rd</sup> in rebounds in the tournament

**2009:** Saw her first action with the SWNT as a 16-year-old... Averaged 6.6 points per game while playing on 13.8 minutes per game during the FIBA Americas Championship in Brazil in September... Shot .412 from the field and .500 from 3-pt range during that tournament... Also contributed 4.2 rebounds per game, good enough for fourth on the team...3<sup>rd</sup> team all-star at FIBA U19 World Championships.

**2009:** Fourth place finish at the 2009 FIBA World Championships where she was second on the team in points-per-game, and third in rebounds.

**2008:** Won a silver medal at 2008 FIBA Americas Championship tournament...Third on team in total rebounds for the tournament (29).

## NEDA Statistics

Year	Team	Opponent	FG	FGA	3FG	3FGA	FT	FTA	OF	DE	TOT	PF	TP	A	TO	BLK	S	MIN
2008-09	NEDA	Genesee	8	13	2	4	0	1	0	3	3	0	18	5	4	0	4	
2008-09	NEDA	Monroe CC	5	8	0	1	0	0	2	1	3	3	10	1	2	0	0	9
2008-09	NEDA	Monroe CC	6	13	0	6	7	11	4	7	11	1	19	1	4	0	5	25

2008-09	NEDA	Laurier	3	10	0	2	1	1	3	2	5	2	7	1	2	0	2	15
2008-09	NEDA	Monroe CC	6	13	1	4	2	3	0	3	3	0	15	1	2	0	1	23
		<b>Totals</b>	28	57	3	17	10	16	9	16	25	6	69	9	14	0	12	72

### University Statistics

YEAR	LEAGUE	TEAM	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2010-11	NCAA	Notre Dame	39	0	713	18.3	112	198	.566	2	4	.500	44	77	.571	86	122	208	44	73	2	32	64	17	270	5.3	1.13	6.9
2011-12	NCAA	Notre Dame	36	1	618	17.2	108	194	.520	3	10	.300	54	75	.720	63	94	157	49	71	1	24	-	27	273	4.4	1.4	7.6
2012-13	NCAA	Notre Dame	37	37	1001	27.1	184	354	.520	0	0	.000	144	180	.800	119	231	350	85	70	4	41	-	32	512	9.5	2.4	13.7
2013-14	NCAA	Notre Dame	33	33	838	25.4	193	316	.611	0	0	.000	105	148	.709	70	185	255	91	74	0	34	90	39	491	7.7	2.8	14.9

### UNIVERSITY HIGHLIGHTS:

**SENIOR (2013-14):** Named team captain...WCBA Coaches' All-America Team...First-Team All-Big 12 All-Tournament Team... NCAA Wooden Award top 20 lists...Advanced through NCAA brackets... Led her team to final four... Sideline with ACL injury for championship game...WNBA First round draft pick (9<sup>th</sup> overall)

**JUNIOR (2012-13):** Started 37 of 37 games...Named to ALL-BIG EAST First Team...Won BIG EAST Championship and advanced to NCAA tournament... played 34 games.

**SOPHOMORE (2011-12):** As a sophomore at University of Notre Dame...Played 36 games averaging 18.3 minutes, 6.9 points, and 5.3 rebounds per game. Named to the NCAA Raleigh Regional All-Tournament Team

**FRESHMAN (2010-11):** As a freshman at University of Notre Dame ... Played 38 games and averaged 18.5 minutes, 7.1 points and 5.4 rebounds per game. She is the first Canadian player to don a jersey for the Fighting Irish Women's team...Named to the Big-East all-Freshman team

### Provincial Team Statistics

TEAM	TOURNAMENT	GP	Min	M/A	%	M/A	%	M/A	%	Pts	Avg	O/D	Tot	Ast	TO	St	BS
Ontario	2008 U17 National Championships	5	21.23	38/65	.585	0/2	.000	15/21	.714	91	18.2	19/40	59	1.2	*	0.8	1.6

### PROVINCIAL TEAM HIGHLIGHTS:

**2008:** Member of Team Ontario for 2008 U17 National Championships...Won gold medal...Named MVP of 2008 National Championships...averaged 21.23 minutes, 10.8 points and 11.8 rebounds during the tournament.

**2007:** Member of Team Ontario for 2007 U17 National Championships...Won gold medal...Named first team all-star at 2007 tournament.

**2006:** Member of Team Ontario at 2006 U-15 Midget National Championships...Won national title...Named MVP of the tournament.

**Career:** 2005 to 2007 Nike Centre for Performance athlete.

### HIGH SCHOOL HIGHLIGHTS:

**Career:** Attended Centennial CVI in Guelph in 2006-07...Junior District 10 Basketball silver medalists...Junior AAAA basketball CWOSSA champions...Junior District 10 basketball championship player of the game...Junior District 10 league MVP...Junior CWOSSA basketball MVP...First-team all-star CWOSSA...District 10 Varsity soccer MVP...Junior female athlete of the year

### OTHER HIGHLIGHTS:

Joined NEDA in 2007-08... Had 3 straight double-doubles in three game exhibition series against Argentina U18 team... Averaged 16.3 points and 11.7 rebounds per game vs. Argentina... Played in 9 games against CIS teams... Started all 5 games in Windy City Classic, averaged 12.6 points per game...Started all three games of Laurentian Voyagers Invitational...Averaged 14.7 points, 6.7 rebounds, and 3 steals per game in 24.3 minutes... Named to Voyageurs Invitational Tournament All Star Team...

Played her second year on the NEDA team in 2008-2009... Recorded a double-double with 19 points and 11 rebounds in a game against Monroe Community College... Was named to the All-Star team at the 2008 Voyagers Invitational Tournament where she averaged 14.7 points-per-game and 6.7 rebounds...Was the youngest player to have recently made it on the Canadian Women's Senior National Team...Centre of Performance – Ontario

### PERSONAL:

Daughter of Marion and Emmanuel Achonwa...Has one brother, Adrian and one sister, Kendra