

# MICHELLE PLOUFFE



**Position:** Small Forward  
**Born:** September 15, 1992  
**Height:** 6'4"  
**Hometown:** Edmonton, AB

**High School:** National Elite Development Academy  
**University:** University of Utah (NCAA)  
**Professional:** Arras Pays D'Artois Basket (France)  
**Years With The Canadian National Team:** 5  
**Number of International Games Played:** 63  
**Number of Senior International Games:** 39

## National Team Statistics

YEAR	TEAM	TOURNAMENT	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2009	JWNT	FIBA U19 World Championship	9	-	151	17	23	46	.500	1	3	.333	7	11	.636	17	21	38	3	14	-	5	7	1	54	4.2	0.3	6.0
2010	JWNT	FIBA Americas U18 Championship	5	-	122	24.4	18	48	.375	3	7	.429	27	37	.730	28	19	47	7	6	-	10	16	7	72	9.4	1.4	14.4
2011	JWNT	FIBA U19 World Championships	9	-	254	28.2	55	117	.510	6	21	.286	27	32	.844	24	32	56	17	20	-	20	24	3	143	6.2	1.9	15.2
	JWNT	Torieno Internacional Brazil	2	-	52.7	26.4	11	17	.692	2	4	.500	6	7	.857	5	5	10	3	5	-	3	9	2	30	5.0	1.5	15.0
	SWNT	Spain – Exhibition Tournament	3	0	38.1	12.7	4	9	.444	1	2	.500	1	2	.500	4	5	9	1	2	-	1	0	0	12	4.5	0.5	4.0
	SWNT	France – Exhibition Tournament	3	0	30.0	10	1	7	.143	0	0	.000	0	0	.000	0	2	2	2	2	-	5	-	0	2	0.7	0.7	0.7
2012	SWNT	Exhibition vs. China	3	-	43.0	14.3	3	12	.250	0	4	.000	2	3	.667	4	4	8	2	3	-	0	4	0	8	2.7	0.7	2.7
	SWNT	Exhibition vs. Great Britain	2	-	4.14	2.1	0	2	.000	0	2	.000	0	0	.000	0	0	0	0	0	-	0	0	0	0	0.0	0.0	0.0
	SWNT	France Exhibition Tournament	3	-	16.1	5.4	1	5	.200	0	1	.000	0	0	.000	1	2	3	1	3	-	2	0	0	2	1.0	0.33	0.7
	SWNT	Olympic Qualifying Tournament	3	-	23.0	7.7	1	9	.111	0	1	.000	3	4	.750	4	7	11	0	3	-	1	4	0	5	3.7	0.0	1.7
	SWNT	Olympic Games	2	-	11.0	5.5	0	2	.000	0	1	.000	2	2	1.00	0	1	1	0	3	-	0	0	0	2	0.5	0.0	1.0
2014	SWNT	Exhibition vs. Brazil	3	-	64.0	21.3	8	14	.570	2	4	.500	7	9	.780	3	15	18	5	7	-	5	4	1	25	6.0	1.7	8.3
	SWNT	Turkey Exhibition Tournament	3	-	25.1	8.4	0	5	.000	0	0	.000	0	0	.000	3	9	12	0	1	-	1	1	0	0	3.3	0.0	0.0
	SWNT	Czech Exhibition Tournament	3	-	43.1	14.4	6	14	.429	0	1	.000	3	5	.600	6	7	13	1	10	-	2	2	2	15	0.7	0.7	5.0
	SWNT	Spain Exhibition Tournament	2	-	36.59	18.30	5	8	.630	0	0	.000	5	11	.450	0	12	12	2	6	-	1	4	0	15	6.0	1.0	7.5
	SWNT	FIBA Worlds	7	-	97	13.86	16	36	.444	3	16	.380	0	0	.000	6	18	24	7	9	-	4	7	2	38	3.4	1.3	5.4

## NATIONAL TEAM HIGHLIGHTS:

**2014:** Averaged 21.3 minutes, 8.3 points and 6.0 rebounds per game in the Brazil exhibition games...averaged 5 points in 14.4 minutes per game in the Czech Exhibition Tournament...averaged 5.4 points and 3.4 rebounds in all 7 games for Canada at FIBA Worlds

**2012:** Member of the SWNT that qualified for the Olympic Games, playing in 3 games...Member of the 2012 Olympic team that qualified for the quarter-finals in London, playing in 2 games.

**2010:** Represented Canada at the 2010 FIBA Americas U18 Championship in Colorado standing 3<sup>rd</sup> place at the tournament where she averaged 24.4 minutes, 14.4 points, 9.4 rebounds and 1.4 assists per game. Ranked 1<sup>st</sup> in the tournament in points and free throws made, 4<sup>th</sup> in BS and 3<sup>rd</sup> in rebounds...Led the team in points, rebounds, BS and ST during the games....

**2009:** Represented Canada at the 2009 FIBA U19 World Championships in Thailand

## University Statistics

YEAR	LEAGUE	SCHOOL	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2010-11	NCAA	Utah	35	34	1032	29.5	174	421	.431	24	92	.261	108	143	.755	88	168	256	28	112	-	42	90	42	480	7.3	0.8	13.7
2011-12	NCAA	Utah	32	32	1086	33.9	165	424	.389	41	134	.306	80	103	.777	63	199	262	58	87	-	42	115	44	451	8.2	1.8	14.1
2012-13	NCAA	Utah	31	31	1049	33.8	181	459	.394	46	133	.346	110	151	.728	59	205	264	85	86	-	62	95	40	518	8.5	2.7	16.7
2013-14	NCAA	Utah	29	28	1012	34.9	187	461	.406	30	97	.309	130	186	.699	62	244	306	74	94	3	61	94	22	534	10.6	2.6	18.4

**UNIVERSITY HIGHLIGHTS:** (Source: University of Utah Athletics)

**SENIOR (2013-2014):** Honourable mention Pac-12 All-Academic Team 2014...2013/14 Sporting News Preseason Honourable Mention All-American... Pre-season All-Conference first team... Pac-12 All-Conference pick... Pac-12 All-Defensive Team selection... ESPN W National Player of the Week and Pac-12 Player of the Week (Dec 16 2013)...Appeared in 29 games and started in 28.... Led her team with 18.4 points and 10.5 rebounds per game...2nd in Pac-12 with 8.3 defensive rebounds per game...3<sup>rd</sup> in the league in total rebounds at 10.4 per game (31st in NCAA) ... 3<sup>rd</sup> with 14 double-doubles (33rd in NCAA), 6<sup>th</sup> (115th in NCAA) in steals (2.0 per game), 8<sup>th</sup> in scoring (18.3 ppg)...put in her 15<sup>th</sup> double-double of the season against Oregon State in the quarterfinals...

**JUNIOR (2012-2013):**As a Junior at University of Utah...started all 31 games averaging 33.8 minutes, 16.7 points, and 7.3 rebounds per game.

**SOPHOMORE (2011-2012):** As a Sophomore at University of Utah...started all 32 games that she played averaging 33.9 minutes, 14.1 points, and 8.2 rebounds per game during NCWA.

**FRESHMAN (2010-2011):** As a freshman at University of Utah ... Played all 35 games and averaged 29.5 minutes, 14 points and 7.3 rebounds per game leading all freshmen in the MWC in scoring and rebounding during NCWA.

### National Elite Development Academy (NEDA) Statistics

YEAR	TEAM	OPPONENT	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2008-09	NEDA	Genesee	1	-	-		4	5	.800	1	1	1.00	2	2	1.00	0	3	3	2	1	-	0	1	0	11			
	NEDA	Monroe CC	1	-	15		3	8	.375	0	1	.000	0	0	.000	1	6	7	1	2	-	0	1	0	6			
	NEDA	Monroe CC	1	-	13		0	2	.000	0	0	.000	0	2	.000	5	1	3	0	1	-	0	5	0	0			
	NEDA	Laurier	1	-	16		3	8	.375	1	1	1.00	1	1	1.00	1	5	6	1	3	-	1	0	0	8			

### HIGH SCHOOL HIGHLIGHTS:

**Career:** Member of the National Elite Development Academy in 2008-09... Competed in France against Junior National Squad and Club team in March 2009... Won city and provincial championships with Harry Ainlay High School in 2007-08... Recognized as High School City All-Star... Member of Junior High School City Champions Holy Family Catholic Jr. High in 2006-07

### PROVINCIAL TEAM HIGHLIGHTS:

**Career:** Won a silver medal at the U17 National Championships in 2008 in Charlottetown, PEI as a member of Team Alberta...Averaged 10.4 points per game for the tournament...Selected as a First Team Tournament All-Star...Member of 2007 U15 Alberta team...Won silver at the 2007 U15 National Championships in Burnaby, BC...Named to Tournament All-Star Team... Competed at 2007 Western Canada Games...Participated in Centers for Performance in 2006-07, 2007-08

### PERSONAL:

Daughter of Laurie and Daryl Plouffe... has two brothers, Christopher and Daniel, and two sisters, Andrea and Katherine... Sister Andrea played for University of Washington Huskies and played for the Development Women's National Team in 2003... Sister Katherine plays for Marquette University...Michelle also enjoys volleyball, reading, music, and movies