



**UNIVERSITY TEAM HIGHLIGHTS:**

**SOPHOMORE (2011-12):** Currently playing as a sophomore at University of NoreDame...Played 14 games to date averaging 16.6 minutes, 7.1 points, and 3.7 rebounds per game during NCWA..

**FRESHMAN (2010-11):** As a freshman at University of Notre Dame ... Played 38 games and averaged 18.5 minutes, 7.1 points and 5.4 rebounds per game during NCWA. She is the first Canadian player to don a jersey for the Fighting Irish Women's team.

PROVINCIAL TEAM STATISTICS																	
TEAM	TOURNAMENT	GP	Min	2 Pts		3 Pts		FT		Points		Reb		Ast	TO	St	BS
				M/A	%	M/A	%	M/A	%	Pts	Avg	O/D	Tot				
Ontario	2008 U17 National Championships	5	21.23	38/65	58.5	0/2	0	15/21	71.4	91	18.2	19/40	59	1.2	*	0.8	1.6

**PROVINCIAL TEAM HIGHLIGHTS:**

**2008:** Member of Team Ontario for 2008 U17 National Championships...Won gold medal...Named MVP of 2008 National Championships...averaged 21.23 minutes, 10.8 points and 11.8 rebounds during the tournament.

**2007:** Member of Team Ontario for 2007 U17 National Championships...Won gold medal...Named first team all-star at 2007 tournament.

**2006:** Member of Team Ontario at 2006 U-15 Midget National Championships...Won national title...Named MVP of the tournament.

**Career:** 2005 to 2007 Nike Centre for Performance athlete.

**HIGH SCHOOL HIGHLIGHTS:**

**Career:** Attended Centennial CVI in Guelph in 2006-07...Junior District 10 Basketball silver medalists...Junior AAAA basketball CWOSSA champions...Junior District 10 basketball championship player of the game...Junior District 10 league MVP...Junior CWOSSA basketball MVP...First-team all-star CWOSSA...District 10 Varsity soccer MVP...Junior female athlete of the year

**OTHER HIGHLIGHTS:**

Joined NEDA in 2007-08... Had 3 straight double-doubles in three game exhibition series against Argentina U18 team... Averaged 16.3 points and 11.7 rebounds per game vs. Argentina... Played in 9 games against CIS teams... Started all 5 games in Windy City Classic, averaged 12.6 points per game...Started all three games of Laurentian Voyagers Invitational...Averaged 14.7 points, 6.7 rebounds, and 3 steals per game in 24.3 minutes... Named to Voyageurs Invitational Tournament All Star Team...

Played her second year on the NEDA team in 2008-2009... Recorded a double-double with 19 points and 11 rebounds in a game against Monroe Community College... Was named to the All-Star team at the 2008 Voyagers Invitational Tournament where she averaged 14.7 points-per-game and 6.7 rebounds...Was the youngest player to have recently made it on the Canadian Women's Senior National Team...Centre of Performance – Ontario

**PERSONAL:**

Daughter of Marion and Emmanuel Achonwa...Has one brother, Adrian (20) and one sister, Kendra (15)